



COVID PROTOCOL FOR ALL CLIMBERS

- 10am-3pm on weekdays we will allow drop in up to 20 climbers at a time.
- All other times will pre-book by:
 - online and pay prior to arrival
 - by phone with payment upon arrival
 - drop in is permitted if we have not reached capacity
- Masks are highly recommended for all climbers, supervisors and spectators who are not fully vaccinated (2 weeks since second dose)
- Upon entry if climbers' waivers and health attestation are not up to date, they will be asked to complete new forms
- **No one should enter the gym with illness symptoms, COVID 19 or other**
- Gym of Rock has the right to refuse service to anyone who enters the gym with obvious illness symptoms.

COVID rules include but are not limited to:

- **Every time you enter the gym you must wash your hands**
- Please leave all your belongings in the cubbies by the front doors. No phones, water bottles or other personal property is permitted on the mats.
- If you need to use your phone or other personal property during your climb you must use the sanitizer before returning on the grey mats
- If you need rentals they will be placed in the beginner area for you to put on (small grey mats) If you require help or a safety check a staff member will be right with you to do so while following proper social distancing. All staff members will wear masks if social distancing is not an option.
- Mats are each 6ft long so please use them to measure your social distance in the bouldering area.
- If someone is climbing in the area you also want to climb, please wait in the middle of the gym for your turn.
- If you cough, or sneeze please use proper hand hygiene and do it into your arm or a tissue and then head to one of the 3 sinks in the gym and wash your hands
- Avoid touching your eyes, nose, or mouth, sweat, and mask, but if you do please sanitize at the station on the mats or head to one of the sinks in the gym and wash your hands
- If you are resting or recovering please do so in the beginner area.
- Please limit your time in the mezzanine and leave the chairs where they have been placed.
- Food and beverage are permitted in the mezzanine
- **Before leaving, please wash your hands**
- When you leave please take all your belongings with you.

Now please wash your hands with soap and water for at least 20 seconds and get climbing!